



1 Wakayama City's National Health Insurance Notice

Starting from Dec 2, 2024, the current health insurance card will no longer be issued.

However, you can continue using insurance cards issued before Dec 1, 2024, until December 1, 2025, as long as there are no changes to your registered information.

From December 2, 2024, please use one of the following:

Valid Replacement Cards:

- **Insurance cards** within the period of validity.
- **My Number Card** (with the health insurance certificate function)
- **Eligibility Certificate** (issued in place of the My Number card, for those who do not possess one)

In September, those enrolled in Wakayama City's National Health Insurance will be issued a health insurance card valid until Dec 1, 2025.

※Some people may have a different expiry date, so please confirm the details on your health insurance card.

Inquiries: National Health Insurance and Pension Division ☎435-1057

2 Wakayama Jazz Marathon Additional Entries!

The entry period has been extended for Wakayama City's Jazz Marathon, to be held on Nov 10, 2024! Enjoy live jazz performances as you run past the scenic views of the city. We encourage everyone to join!

Entry Deadline: Sep 30, 2024

Applications guidelines can be found at Wakayama City Hall (1st Floor Lobby), or gymnasiums.

How to Apply: Online or via the Lawson Loppi terminals.

Race Categories: Half Marathon; 10 km; 5 km; 3 km; 2 km jog
(Note: The 2 km jog category is also open to wheelchair users.)

Eligibility: Confirm from the city website (ID: 1004393) or application guidebook.

Inquiries: Sports Promotion Division ☎435-1364

Exciting prizes!

Original sports towel 🎵

Bath body towel 🎵

Tangerine oranges 🎵

Pickled plums 🎵

Golden honnoji manju 🎵



3 Health Alert - Preventing Food Poisoning from Anisakis

Anisakis is a parasitic worm found in fish such as mackerel, salmon, and squid, and is a common cause of food poisoning. The parasite is about 2-3 cm long and it resides in the organs of the fish. When ingested raw or undercooked, Anisakis can cause severe stomach pain, nausea, and vomiting within a few hours of digestion.

Symptoms: Severe abdominal pain, nausea, vomiting

In some cases, the infection may cause **gastric anisakiasis** leading to more serious symptoms like a high fever.

Preventive Measures: ①Make sure to cook fish at 60C for at least 1 minute/above 70C. ②Freeze fish for at least 24 hours below -20C to kill any parasites. ③When eating raw fish, carefully choose safe fish sources.

※Treating with regular cooking vinegar, pickling in salt, or adding soy sauce or wasabi will not completely kill Anisakis larvae.

Inquiries: Healthy Lifestyle Division ☎488-5111

Public Housing Application

Application Period: Sep 17 (Tue), 2024, 9:00 AM - Feb 28 (Fri), 2025

Applications & Inquiries: Prefectural Housing Corporation (Sakano Building, 13 Jusanbacho) ☎494-7471

※Find more details on the Prefectural Housing Corporation's official website.

Complex/Area	Type	Layout	Floor	#	Monthly Rent (¥)
Yakushubata	General	2 LDK	4	1	26,800 ~ 52,600
Higashinagach o	General	2 LDK	5	1	27,300 ~ 51,600
Shioya Daini	General	2 LDK	3	1	22,600 ~ 44,500
Kada Jogasaki	General	2 LDK	3	1	24,100 ~ 43,300
Mukai	Multi-Generation Proximity Housing	3 DK	4	1	17,900 ~ 32,600
	Visually Impaired	3 DK	1	1	18,900 ~ 36,600
Raburi Matsue	Hearing Impaired	3 LDK	1	1	29,100 ~ 57,100
	Special Public Rental Housing	3 LDK+ 1 K	10	1	88,000

Women's Job Support Fair 2024

Wakayama City is hosting a job support fair to help women with career re-entry and skill development. This fair will include career consultations, mock interviews, and networking opportunities with actively hiring companies.

Date and Time: Oct 3, 2024 (Thur), 10:00 AM - 3:00 PM

Venue: Wakayama Big AI

Target Audience: Women looking to rejoin the workforce or seeking new employment opportunities. All ages are welcome.

Activities: Career advice and consultations; mock interviews and resume workshops; job networking opportunities with local employers.

How to apply: Via the QR code ahead of time (drop-in participation allowed)

Inquiries: Sensyu Add Co, Ltd. ☎072-437-9350



Wakanoura's Ashibe-an Hermitage Opens in September!

Inquiries: City Revitalization Division ☎435-1048

Wakanoura's Ashibe-an Hermitage, located in the serene surroundings of Wakanoura bay, is opening this September! The facility offers a relaxing experience with scenic views of an adjoining Japanese garden, and a path up to Mt. Tengu, which overlooks Wakanoura.



Address: 3-1068 Wakaura-Naka, Wakayama City

Operating Hours: 10:00 AM to 4:00 PM

Parking: Free parking available (10 spaces, 1 reserved for accessible parking)

Closed Mon (or Tues, if Mon is a hol.), and Dec 29 – 31

*Open from Jan 1 to 3



Tax & Insurance Payment Deadlines

Deadline: Sep 30, Mon

Advanced Elderly Medical Insurance (period 3)

Inquiries: Insurance General Affairs Division ☎ 435-1062

National Health Insurance (period 4)

Inquiries: National Health Insurance and Pension Division ☎ 435-1214

Nursing Care Insurance (period 4)

Inquiries: Nursing Care Insurance Division ☎ 435-1334

Don't Forget Your Taxes!

Fiscal Year 2024

Fixed Asset Tax (Period 1 & 2)

Municipal & Prefectural Inhabitants Taxes (Period 1 & 2)

Light Vehicle Tax (entire amount) If payment is delayed, penalties may apply, so please ensure you meet the deadlines.

Inquiries: Tax Revenue Division

☎435-1038

Benefit Application Deadline: Oct 31

A benefit of ¥ 100,000 will be provided to households that are newly exempt from resident tax or subject only to the per capita levy (before tax reduction) in FY2024. Additionally, for households supporting children under the age of 18, an extra 50,000 yen per child will be provided. (This applies to households where the head of the household is registered as a resident of Wakayama City as of June 3, 2024.)

* Households that have already received the FY2023 benefit (¥ 70,000 yen payment for resident tax-exempt households / 100,000 yen payment for households subject only to the per capita levy) are not eligible.

A confirmation form has been sent to those who may be eligible. If your household has not received a confirmation form, you may be able to receive the benefit via application. For details, please contact the support benefit office.

Inquiries: Wakayama City Rising Price Benefit Office ☎ 0120-969-861, ☎ 499-5184 (9:00 AM to 5:00 PM, excl. weekends and holidays)

FY2025 Elementary School Enrollment

School Enrollment Procedures for Elem. Students of Foreign Citizenship Eligibility: Children born between Apr 2, 2018, and Apr 1, 2019.

Inquiries: Education Support Division ☎ 435-1139

FY2024 City-sponsored Japanese Language Classes for Non-Native Speakers (2nd Term)

The City of Wakayama will be offering Japanese language classes to non-native speakers, who live or work in Wakayama City.

【Description】 There are 15 classes per course.



Course 1	This course begins with hiragana and katakana.
Course 2	This course is for people who can read and write hiragana and katakana. It is the continuation of course 1 (FY2024), however, previous completion is not required.

Location	Wakayama City Hall, 7 th floor briefing room (記者会見室 <small>きしゃかいけんしつ</small>)
Fee	Free (but must purchase your own textbook)
Textbook	“Nihongo 45 Jikan”; “Nihongo 45 Jikan Renshucho” ※ You can purchase the texts online or at bookstores.
Teacher	Professor Hirano Noriko
Schedule	From October 2024
Time	Course 1: Thursdays, 6:30 PM to 8:00 PM Course 2: Tuesdays, 6:30 PM to 8:00 PM ※ No class if Tuesday or Thursday is a holiday.
Capacity	20 people per course ※ If the class has not reached full capacity, you can join anytime throughout the term.

【Schedule】

Course 1 (Thursday)		Course 2 (Tuesday)	
Oct	10, 17, 24, 31	Oct	8, 15, 22, 29
Nov	7, 14, 21, 28	Nov	5, 12, 19, 26
Dec	5, 12, 19	Dec	3, 10, 17
Jan	9, 16, 23, 30	Jan	7, 14, 21, 28

【Application Method】 Please apply by method ① or ②.

① Scan the QR code to the right, and apply online.

* Please bring your residence card (在留カード ざいりゅうカード) (Zairyu Card) with you on the first day of class.



<https://logoform.jp/form/fKMM/447062>

② Apply in person at the International Affairs Division (Wakayama City Hall, 10th floor) with your residence card.

Those who will take courses as a continuation of term 1 are **not** required to resubmit an application form.

<Inquiries and Applications >

Wakayama City Hall, International Affairs Division 10F
23 Shichibancho, Wakayama City 640-8511
TEL : 073-435-1010
E-mail: kokusai@city.wakayama.lg.jp